



NeuroTribe UK
Inclusion Consultancy

NEURODIVERSITY | CULTURAL DIVERSITY | INCLUSION | EMPOWERMENT

PART OF NEUROTRIBE UK CIC | WWW.NEUROTRIBE.UK

Training, Workshops & Programmes

NeuroTribe UK CIC is a London-based empowerment organization for neurodiverse children, young people, adults and their families. We are a social enterprise. Our trainings and workshops are engaging, creative, in-depth and challenging. They are designed to: encourage openness, experimentation and lively debate; inform participants of the latest evidence-base and research related to their field and their location, and; challenge practitioners to be as empathic, reflective and responsive as they can be. After an initial consultation where we help you drill down into the needs and aims of your organization, we tailor the training to you. Some programs are suitable for online delivery. **Please note: the prices below apply to charities, voluntary organizations and social enterprises only and may differ depending on location.**

* Suitable for online delivery.

Programme	Description	Length/ Price
What is... Diversity & Inclusion?	A creative, engaging and experiential exploration of what diversity & inclusion means, why it is important, and how to measure it. Participants will look at the differences between D&I and how they interrelate including Equality's 9 special characteristics, Unconscious Bias and more. Lively debate, discussion & creative activities including exploring how inclusive they feel their organization to be currently, and what they are striving for.	Full Day/£600

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What is... Cultural Competence?

A deep dive session into the meaning of cultural competence and its impact, followed by group activities that explore aspects of cultural competence which relate to the organization's processes. Case studies, global events and creative thinking exercises.

Half Day/£350

Thinking Differently (About People Who Think Differently!)

An in-depth and fascinating look at Autism, ADHD and Dyslexia which dispels myths, explores the importance of the language we use to describe 'learning disabilities' and 'mental disorders', the effects this language can have on our young people, and more helpful alternatives. Also, an in-depth look at the experiences of neurodiverse people and correlating mental health challenges, through creative activities.

Full Day/£600

* Young, Black and Neurodiverse

An exploration of the research and evidence-base around the experiences of Black neurodiverse young people in schools and society; the reasons behind the disproportionately unfavourable outcomes for these groups, and the social and health inequalities. Lively discussions and creative activities.

Half Day/£350

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* Preventing Suicide- An Evidence-Based Approach

A practical nuts & bolts, in-depth training for practitioners (including counsellors & Safeguarding Leads) on evidence-based approaches to suicide severity risk assessment. Plus an additional method of Safety & Wellness planning, with practical tools and certification.

Half Day/£300

*Preventing Suicide for Young People.

A simplified, evidence-based training in suicide prevention and Safety Planning for young people so they are able to better support themselves, friends, family and peers through suicidal ideation whilst practicing self-care. With practical tools.

2 hours/ £200 or FREE when booked with any other programme.

*‘Well Sibling Syndrome’ An Introduction

‘Well Sibling Syndrome’ is the term sometimes used for the mental health difficulties that siblings of a person with a diagnosis for a mental health problem, physical disability or learning disability, may experience. This training simple and informative presentation and Q&A on ‘Well Sibling Syndrome’, the latest research, and how it is experienced and presents in young carers.

2 hours/ £200

*Learning How to Listen...

Our Lead Consultant is a qualified, BACP registered therapist and Lecturer in Counselling Skills at Kingston College.

2 day Intensive / £1300

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Previous to this she spent 15 years as a youth worker and Head of Enrichment in gang prevention and Alternative Education Provision. The experiences taught her how vital it is to learn the skill of active, empathic listening, and how sometimes we *think* we are listening, but are we really?

This experiential, engaging and thought-provoking training is excellent development for both management and frontline staff working with children, young people and adults with complex mental health and wellbeing needs. It is also great for Personal Development! Participants will learn skills in person-centred listening: conveying empathy, uncovering blocks to empathy, active listening, uncovering blocks to listening, assessing risk, and creating safe spaces for life-changing conversations.

They will leave with the skills to listen, and we mean *really* listen. Even online!

Book £1500 worth of training and receive 1 free online training (please see programmes marked *- all EXCEPT 'Learning How to Listen')

A non-refundable deposit of 20% is required at time of booking.

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